

Racing Flow Incorporated

Plod Boy Bonus Plays

October – December 2011

December 17, 2011

HOLLYWOOD

Race 2

5 Hava Cigar (4-1): turns back to 6f following an impossible run behind the wire to wire winner of an 'Extreme Race' for Speed. Adds blinkers today and likely gets a Closers Flow to finish into, as the appears speed a plenty in the race, including the vs Extreme Race for Closer upgrade **1 Royal Alexander** (otb) who drops from MSW ranks and removes the hood.

Off the board at 2-1

Chose to be part of the pace.

-Plod Boy Phil
12/17/2011
10:37am ET

December 16, 2011

TURFWAY

Race 9

5 Granny Green Eyes (4-1): recorded a neutral grade last out when stepped up on the turf - a race with all the looks of a strong maintenance work. Two back on the Keeneland synthetic, she closed stoutly despite a Speed favoring -166 Flow. Pace scenario tonight is likely to be more favorable to an off the pace run. The subtle drop to face conditioned claimers adds to the appeal.

Off the board at 7-1

Simply dreadful.

-Plod Boy Phil
12/16/2011
10:55am ET

December 15, 2011

TURWAY

Race 4

4 Silver Pendant (10-1): upgrade the last while very wide in an '**Extreme Race' for Speed (EXR/S)** - that race winner, Delitefully Wild (downgraded here), went wire to wire.

Unlike the Dec 3rd event that lacked even a single confirmed frontrunner, tonight's race has four early speed types, likely ensuring a more closer friendly race dynamic. Note that 'Silver' was also vs a very Speed friendly Flow three back and that in her race on Sept 8, she faced much better while wide in another EXR/S.

4th at 7-1

Appeared to get the Flow she needed - just not good enough.

-Plod Boy Phil

12/15/2011
10:37am ET

December 11, 2011

HOLLYWOOD

Race 6

10 My Bashert (7/2): tries two turns today following the pressured pacesetting effort of a Zip +189. Should have no problem clearing from outside draw but must prove capable of relaxing in order to take them all the way.

Scratched

TURFWAY

Race 5

11 Tellalittlesecret (9/2): last was an upgraded '**Quick to**' move in an **Extreme Race for Closers** at Keeneland. Will need heady ride from tricky outside post.

3rd at 5/2

-Plod Boy Phil
12/10/2011
9:45pm ET

December 10, 2011

HAWTHORNE

Race 4

3 Political Agenda (10-1):
upgrade the last when a clear
pacesetter of a Zip +184 going 8.5f
- that winner's BL12 was more than
24! Turns back to 6f today and
drops to proper level for the 3rd of
the form cycle.

Scratched

-Plod Boy Phil
12/9/2011
9:52pm ET

December 9, 2011

FAIR GROUNDS

Race 8

3 Start the Party (5-1): recorded a '**Quick to**' upgrade in an **Extreme Race for Closers** last out at Churchill. The Racing Flow™ term 'Quick to' means that the runner was too close to the early pace before making a

premature bid to the lead, only to be passed by a deeper closer. In this case, the winner's BL12 was nearly 17 to this one's 4.5. Well regarded summer juvenile returns to MSW ranks and makes his first start on the turf today while cutting back from 6.5f to 5.5f.

Off the board at 4-1

Keep an eye on this one with return to the dirt and MC company

TURFWAY

Race 8

4 It's All About Joy (5/2): put a line through the last against much better on the dirt at CD. Two back, he recorded an impressive win against the grain of an **'Extreme Race' for Speed** (BL12 was more than 8 lengths) at this venue. Looks like a bargain at 3/2. Consider an exacta with the modestly upgraded Souped Up Fast **(otb)**

3rd at 6/5

Never in it

-Plod Boy Phil
12/8/2011
11:57pm ET

December 4, 2011

HAWTHORNE

Race 2

8 R. Campfire (8-1): recorded a classic '**Quick to Zip**' upgrade in his first start in 11 months last out. In that race, an '**Extreme Race**' for Closers (11/20, R9), 'Campfire' made an early move to the lead at the half mile pole only to be passed by two deep closers - the winner's BL12 was more than 14 lengths.

3rd at 3-1

-Plod Boy Phil
12/4/2011
11:24am ET

December 3, 2011

Turfway

Race 9

11 Hyperlink (10-1): last out this 4 yr old recorded a non threatening 'neutral' grade at 7f in the slop at Churchill, an effort I'll treat as a nice workout. Two back she **closed impressively** despite being against the grain of an '**Extreme Race**' for Speed on the Keeneland 'wax'. Note that the runner-up in the race, **Vanishing Grey (9/2)**, also receives a moderate **upgrade** for chasing the wire to wire winner. We'll downgrade the winner, *Five Star Fun*, for being aided by the Extremely Speed favoring set up. Note that Hyperlink's previous race on a synthetic surface last March was a modestly upgraded vs Plod effort in a stake race here at TP. Look for Hyperlink to defeat Vanishing Grey (**otb**) in the late stages to complete the Extreme Race exacta.

3rd at 12-1

-Plod Boy Phil
12/3/2011
8:43am ET

December 2, 2011

HAWTHORNE

Race 8

10 Amram (10-1): was forwardly placed last out in an *'Extreme Race'* for Closers going 8.5f - that winner's BL12 was more than 24 lengths. Turns back to a 6.5f sprint today from an outside draw in a race lacking early speed.

4th at 16-1

-Plod Boy Phil
12/2/2011
1:12pm ET

December 1, 2011

Back on Friday.

-Plod Boy Phil
12/1/2011
10:50am ET

November 30, 2011

WOODBIBE

Race 8

2 J J for Dave (5/2): comes in off back to back upgrades having been against

the grain of both the Bias and Flow in his last two starts.

2nd at 3/2

-Plod Boy Phil
11/30/2011
1:15pm ET

November 27, 2011

HAWTHORNE

Race 4

9 Bunny's Place (5-1): bottom level maiden claimer gets upgrade for the '**Quick to Zip**' effort last out in an '**Extreme Race** for Closers. Nice paper, but supporting multiple failures at the bottom is bad for one's bankroll, so use your better judgement.

2nd at 2-1

No match for 'neutral' second time dropper

-Plod Boy Phil
11/26/2011
9:29pm ET

November 26, 2011

'Extreme' Saturday

AQUEDUCT:

* A stand-out 'vs Zip' upgrade dominates in the early Pick 4 sequence

Race 4

3 Headingtothecity

3rd at 5-1

Pressured opening quarter by 99-1 shot of no help in the final 70 yds.

Racing Flow™ subscribers were likely Daily Double live, as our three upgrades in the 3rd ran 1-2-3, with **Myrlanski (\$38.80)** keying a **\$207 exacta**. The only other upgrade on the entire card was outrun in the 10th.

HAWTHORNE

Race 1:

1 Thrill Maker ('OTB' at 35-1) and **2 Ms Manana (2nd at 5/2)** both exited the wrong side of an **Extreme Race** for Closers.

Race 2:

9 Royal Seven (12-1): pressed the pace of an **Extreme Race** for Closers last out, also upgrade the effort two back when vs a Zip +193. Drops in for a tag and stretches to two turns on the turf. Friday's stretch out 'speed upgrade' did return \$39.20.

Off the board in an 'ott' event.

Would have expected a scratch or a shot at winning the race from on or near the lead - we got neither.

Race 6

2 Reba's Fancy (15-1): set pressured pace of an '**Extreme Race**' for Closers last out in MSW company. We've seen enough of these Speed upgrades appreciate the drop to claiming company - a no-brainer at this price.

Off the board at 3-1

Added 4:06pm ET

4 Show Biz Sreva (7/2): exits same pace pressing Extreme as the one above

\$5.40 WINNER

Race 9

5 Nickelacross (5-1): turns back to a 6f sprint following the pacesetting effort of an **Extreme Race** for Closers

2nd at 5-1

No match for the 'neutral' winner

WOODBINE

Race 5

1 Blues Dancing (3-1): set the pace of a **Extreme Race** for Closers last out in state bred Specials. Drops and cuts back for winning run off back to back vs Zip

upgrades.

\$5.50 WINNER

Wire to wire by a huge margin.

-Plod Boy Phil

11/25/2011

10:20pm ET

November 25, 2011

FAIR GROUNDS

Race 9

See PDF file posted below for complete analysis.

Beachcombing was off the board at 6-1.

An updated PDF is posted below.

Note: The posting of horses that ran their most recent race at a non-Racing Flow™ track will never occur again on this page.

-Plod Boy Phil

11/25/2011

1:01am ET



[FG Woodchopper 8f T](#)

November 24, 2011

Happy Thanksgiving.

HOLLYWOOD

Race 7

4 Empire Way (5/2): dazzling in his debut, a 'vs Plod' Win in which he closed through a -112 Flow with a BL12 of more than 10. Visually impressive Flow figure begs of serious talent.

**DFL at 3-1
Never in it.**

Clearly lacked Flow figure strength. It's been a long time since one was posted here with less credentials.....simply an awful post.

My fault.

WOODBINE

Race 7

11 Doctor Jak (12-1): chased the near wire to wire winner of an '**Extreme Race' for Speed** last out when showing unusual early interest behind a quicker duo. Drops off a much better than it looks upgrade and likely does so at double digit odds.....sold.

Off the board at 17-1.
Huge hole, 'eh ?

-Plod Boy Phil
11/23/2011
1:15am ET

November 23, 2011

WOODBINE

Race 5

7 Days End (15-1): was the pressured pacesetter of a 7f Zip +169 on a track the was playing favorably to Closers (+148) - now that's **Extreme** ! Upgraded speed is always dangerous in lightly raced maiden claimers'. Cut back to 6f adds to the appeal of this third time starter capable of a substantial improvement at a fair price.

Consider the upgraded 2 *Guppy Smuggler* (otb) and 6 *Yes It's Red* (scr) if delving into gimmicks.

Off the board at 11-1

-Plod Boy Phil
11/22/2011
7:56pm ET

November 20, 2011

WOODBINE

Race 9

3 Cavalierdancer (8-1): last out he found himself in an unenviable position chasing the wire to wire winner of a Plod -223 on an important Speed Biased -178 track - now that's **Extreme** ! Note that he was also vs a Plod -173 two back (he had a larger BL12 than the winner), thus qualifying him as a **DVP**, or 'Double vs Plod' upgrade. Drops into a conditioned claimer for the first time after a career in Ontario bred allowance events.

Off the board at 11-1

Never in it.

Note that two other horses exiting the wrong side of a **Racing Flow™ Extreme Race** ran Sunday:

* Calder Race 9, **Blast of Macho** failed as a less than perfect 'vs Zip upgrade - he was 'otb'. We'll check the Flow and Bias figs on Tuesday before giving up on this maiden, as he'll make his second start at the bottom next out.

In the 4th at Hawthorne, **Peter's Rock (7-1)** was off the board having pressed the early pace of an 'Extreme Race' for Closers last out.

-Plod Boy Phil
11/19/2011
11:35pm ET

November 19, 2011

HAWTHORNE

Race 4

9 Our Domain (5-1): exits back to back '**Quick to Zip**' upgrades of +197 and most recently +252 - the last of which came on a Severely Closer Biased track.

Now that's **Extreme** ! Makes two turn debut today.

\$11.00 WINNER

Combining the two best handicapping tools available, Racing Flow™ and **DRF Formulator**, make easy winners like this simply jump off the page.

Two other upgrades exiting the wrong side of a Racing Flow™ Extreme Race ran today. One was off the board at 11-1 in the 11th at Calder. The other, **Call Me Captain (\$8.40)**, the pacesetter of a Zip +189 on a track playing kind to closers (+90) last out, rated off the speed today to win the 7th at Hawthorne.

-Plod Boy Phil
11/18/2011
8:51pm ET



[Our Domain](#)

November 18, 2011

AQUEDUCT

Race 6

3 Missilewhileuwork (9/2): debut was a pacesetting effort of an '**Extreme Race**' for Closers at 7f - never an easy distance for a firster. Drops and cuts back today.

\$4.40 WINNER

-Plod Boy Phil
11/17/2011
10:22pm ET

November 17, 2011

CALDER

Race 2

7 Catch the Beat (6-1): returns on 5 days following an upgraded effort vs a Plod -191. While we did record a +99 Bias for that day - slightly kind to closers - it's not enough to offset the Flow figure. Two back, she recorded a solid win at the Nw2I level when running through a Plod -151 with a BL12 of 4.

Off the board at 5-1

While clearly not the strongest posting ever, this was suprisingly skunk-like.

CHURCHILL

Race 10

7 Party Man (5-1): exits the wrong side of an '**Extreme Race**' for Closers when pressing the early pace of a Zip +237 - that winner's BL12 was more than 6. Turns back to a 6.5f sprint for 2nd trip with Lasix. Drops *significantly* to the bottom Mc level.

\$7.20 WINNER

Marks the 4th consecutive card at Churchill with an Extreme Race upgrade winner. Granted, this one did not pay \$37, \$25, or \$55 to win, but what do you want for

nothing ?

Note that an Extreme Race upgrade was beaten a nose today in the 4th at Hawthorne at 2-1.

WOODBINE

Race 6

2 Howwondofulitis (3-1): recorded an upgraded '**Quick to**' move in last when too close early before making a premature move to the lead against the grain of a +187 Closer Bias and a moderate +85 Flow. The winner had a BL12 of nearly 10 and the runner-up also closed from far back.

4th at 3-1

No excuse.

-Plod Boy Phil
11/16/2011
9:20pm ET

November 16, 2011

WOODBINE

Race 5

11 Etesian (9/2): enters third lifetime start with two upgrades. The 5f debut was a modest closing effort vs a Plod -163 (speed favoring pace scenario). The last start at 6f was against the grain of a modest +139 Flow (closer favoring). Stretches out to 7f today for third and best of young career.

3rd at 7/2

-Plod Boy Phil
11/16/2011
11:24am ET

November 14, 2011

CALDER

Race 7

3 O So Sherri (6-1): upgrade the last at 8f on the turf when involved in the early pace vs a Zip +153 - that winner's BL12 was more than 14 lengths. Turns back to a 6f dirt sprint where she belongs. Bug and 2nd lasix add to the appeal.

Off the board at 7-1.

Curious race strategy to say the least, as 'Sherri' set the pace of what come back in the Zip +180 range. Note that this filly had shown an ability to rate off the pace at 7f to win. If you have a 'Stable', she deserves inclusion.

-Plod Boy Phil
11/14/2011
11:30am ET

November 13, 2011

CALDER

Race 4

10 Saint Jude (3-1): returned off more than a four month freshening with a upgraded effort behind the wire to wire winner of a Plod -319! - now that's **Extreme!** His prior race in June also impressed when he finished well despite a Plod -180. Takes a curious drop to the \$32K level today and is the likely 8/5 favorite.

2nd by a nose at 9/5

On a side note regarding the 9th at Calder on October 23rd, the downgraded runner from that event, Livingston Street, was off the board on Saturday, while the upgraded **Picou** closed late to be second best in Saturday's 11th at 6-1. The 9th at Calder on October 23rd also provides an example of a 'lapped on' runner. Tannersville, who received only a 'neutral' grade for that performance, was off the board today as well.

HAWTHORNE

Race 5

5 Well Excuuuz Me (6-1): exits the wrong side of a **Racing Flow™ Extreme Race** for Speed on October 13th. The race had a Flow of -119 and was run on a Severely Speed Biased -202 track ! Note that the effort was his first sprint off a series of route races and that he drops into a conditioned claimer. May even catch a bit of pace to aim for today.

2nd by a short neck at 7/2

No apparent excuuuze.

Race 9

4 Kapralova (6-1): pressed the pace throughout before being nailed late by a runner with a BL12 of more than 8. That event, the 9th at Hawthorne on October

30th, was an **Extreme Race** for Closers. This filly has my attention, but then again, many of these 'ovas' do.

3rd at an overbet 2-1

Suprisingly dull early.

WOODBINE

Race 10

7 Bathsheba Station (15-1): rates **bold** upgrade status in my book for back to back 'vs Plod' efforts. The *Plod Boys* call these horses '**DVPs**', or '**Double vs Plod**' upgrades. Two back, impressed with a big late kick despite an 'Extreme Race' for Speed - that winner went wire to wire with the aid of a Plod -256. Last out, he again chased Hank's Hill while wide behind a Plod -134. Can upset if given fair chance.

Early Scratch - Stewards

Flow players that took the few minutes needed to scan the PPs from Woodbine on Friday should have cashed a nice exacta when a pair of 'DVPs', **Avery Amour** and **City Splash**, ran first and second, more than three lengths clear of the rest. That exacta returned **\$73.90**.

Isolating live runners and reducing the number of playable races is the name of the game for The Plod Boys.

*It takes roughly 10 minutes for me to review a card using the two best handicapping tools on the market, **Racing Flow™** and **DRF Formulator**.*

-plod boy phil

11/13/2011
1:00am ET



[Avery Amour/City Splash](#)

November 12, 2011

CHURCHILL

Race 7

11 For All Who Conga (12-1): upgrade the Keeneland effort last out when closing vs a Plod -141. Draws outside in a race with plenty of speed types signed on and sports a strong 5f work this week for sharp trainer.

Off the board at 9/2

Very poor effort

HAWTHORNE

Race 3

2 Twine (7/2): comes in off back to back modest 'speed' upgrades' against better - last out pressed a Closer friendly +112 Flow and two back he was forwardly place while very wide vs a Zip +132 on a track playing kind to Closers (+96) - that winner's BL12 was more than 21. Takes steep drop from MSW to Mc15K today and draws inside following two trips from far

outside posts.

\$4.20 WINNER

-plod boy phil
11/12/2011
10:31am ET

November 11, 2011

HAWTHORNE

Race 6

6 Isteefa (5/2): upgrade the last when gaining ground against the grain of an *Extreme Race* for Speed (-229 Flow) - that winner's BL12 was 3.5. Note that the runner-up and next out winner Latin Journey was a 'vs Plod' upgrade as well, while 3rd place finisher Frances Gardner ran 3rd by two noses when posted here on October 29.

\$5.20 WINNER

HOLLYWOOD

Race 5

13 Jm's Golden Legacy (30-1): chased the wire to wire winner of a Plod - 192 (a Severely Speed favoring Flow) last out. Adds Lasix today and will try the synthetics for the first time.

Off the board at 22-1

May appreciate a two turn trip.

-plod boy phil
11/11/2011
12:30am ET

November 10, 2011

AQUEDUCT

Race 8

5 Amylimehouse (6-1): returned from a three month freshening last out with a pace pressing effort vs a Zip +235 on a track playing kind to Closers (+109) - an **Extreme Race for Closers**. We'll note that the next out winner from this race, My Sunshine Gal, was a 'Quick to Zip' upgrade. Legit chance to take them all the way.

\$10.20 WINNER

Easily best from just off the pace.

It was a very interesting day for users of Racing Flow™ data that wagered on upgrades exiting the wrong side of a **Racing Flow™ Extreme Race**. In addition to 'Amylimehouse', the other three runners are posted below, along with their **DRF Formulator PPs**.

WOODBINE

Race 4

7 Nayeer (7/2): two back pressed wide against the grain of a Closer friendly +102 Flow on a +132 track that was playing more than kind to Closers. Last out, stepped back up into MSW company and was the clear

pacesetter of a moderate +102 Flow, an effort unworthy of an upgrade if standing alone, but when combined with the race two back, provides strong support. Cuts back to 5f today and drops back into a Mc race. Draws outside speed upgrade *Magic Moondust* and rates edge over that one.

Off the board at 2-1

-plod boy phil
11/10/2011
10:45am ET



November 9, 2011

With the Breeders' Cup behind us, we look forward to the start of Gulfstream Park which begins on December 3rd. This featured winter meet in North America was wildly successful for us in 2011.

Check back on Thursday.

-plod boy phil
11/9/2011
10:50am ET

November 6, 2011

CALDER

Race 6

8 Importuno (3-1): upgrade the 'Quick to Zip' move last out when making the lead too soon from close range 'vs a Zip' +283! - the winner of this ***Extreme Race for Closers*** had a BL12 of more than 28! Two back he received an upgrade for leading until late despite the +106 Flow (Closer favoring) on a track that was playing more than kind to Closers (+146). Draws tricky outside gate in cut back to 5f today.

Off the board at 5/2

-plod boy phil
11/5/2011
11:50pm ET

November 4, 2011

Back on Saturday.

Good luck Flow Players.

-plod boy phil
11/04/2011
12:00am ET

November 3, 2011

CALDER

Race 5

2 Pirooz (12-1): hopelessly chased the wire to wire winner of a Plod -218 before throwing in the towel last out. Also receives modest upgrade for the race two back behind speed favoring bias and flow. Drops and adds the bug - expecting him to be well placed early.

2nd at 24-1

Appeared to have good shot to win until holes kept closing.

CHURCHILL

Race 11

6 Wilkinson (5-1): impressed in last when finishing with good energy behind the wire to wire winner of a Plod -270. Now that's **Extreme** ! A *Flow Player's* overlay at anywhere near the morning line as long as it remains on the turf.

2nd at 5/2

The 5th straight runner-up posting.

-plod boy phil
11/02/2011
9:20pm ET

November 2, 2011

HAWTHORNE

Race 4

3 Its True Type (9/2): upgrade the last, a classic 'Quick to Zip' move, when making an early run to the lead into the teeth of a Zip +226, only to be caught by a deep closer with a BL12 of 19. Makes 2nd start down at this Mc 25K level.

2nd at 3/2

Beaten by a Stidham firster

Race 8

2 Sunday Dreams (4-1): pressed the pace of the same Zip +226 as the race 4 upgrade above. Stretches out today for turf debut.

2nd at 2-1

Beaten by a Stidham dropper

-plod boy phil
11/1/2011
10:26pm ET

November 5, 2011

CALDER

Race 7

2 Bizarro (12-1): makes third lifetime start today following a pace setting effort on the turf at Keeneland vs a a Zip +131 - that winner's BL12 was more than 6. Turns back to 7f today.

Off the board at 19-1

4 Megamove (8-1): upgrade the pace pressing effort at 8f last out vs a Zip +170 - that winner's BL12 was more than 10. Turns back to a 7f today.

2nd at 7-1

-plod boy phil
11/05/2011
10:30am ET

November 4, 2011

Back on Saturday.

Good luck Flow Players.

-plod boy phil
11/04/2011
12:00am ET

November 3, 2011

CALDER

Race 5

2 Pirooz (12-1): hopelessly chased the wire to wire winner of a Plod -218 before throwing in the towel last out. Also receives modest upgrade for the race two back behind speed favoring bias and flow. Drops and adds the bug - expecting him to be well placed early.

2nd at 24-1

Appeared to have good shot to win until holes kept closing.

CHURCHILL

Race 11

6 Wilkinson (5-1): impressed in last when finishing with good energy behind the wire to wire winner of a Plod -270. Now that's **Extreme** ! A *Flow Player's* overlay at anywhere near the morning line as long as it remains on the turf.

2nd at 5/2

The 5th straight runner-up posting.

-plod boy phil
11/02/2011
9:20pm ET

November 2, 2011

HAWTHORNE

Race 4

3 Its True Type (9/2): upgrade the last, a classic 'Quick to Zip' move, when making an early run to the lead into the teeth of a Zip +226, only to be caught by a deep closer with a BL12 of 19. Makes 2nd start down at this Mc 25K level.

2nd at 3/2

Beaten by a Stidham firster

Race 8

2 Sunday Dreams (4-1): pressed the pace of the same Zip +226 as the race 4 upgrade above. Stretches out today for turf debut.

2nd at 2-1

Beaten by a Stidham dropper

-plod boy phil
11/1/2011
10:26pm ET

October 31, 2011

CALDER

Race 4

4 Sexy Thunder (3-1): won her last start in the nw2L condition earning a 'neutral' Racing Flow™ grade in the process. Two back (October 10th-R1) she receives a standard upgrade from an 'Extreme Race' when twice as close to the leaders at the first two calls combined (BL12) than the winner. For more about 'Neutral or Better' last out winners, keep reading.

2nd by a diminishing head at 5-1

The Racing Flow™ enhanced **DRF Formulator PPs** are posted below.

-plod boy phil
10/31/2011
10:30am ET

October 30, 2011

Racing Flow™ *'Extreme Race
Upgrade Bonanza'* today at
Woodbine

Today in Toronto, nine runners over five races are upgraded exiting the wrong side of a **Racing Flow™**

Extreme Race. If you are a subscribing Flow Player, feel free to send an e-mail to phil@racingflow.com, and I'll send them out, or take a look at your Racing Flow™ enhanced **DRF Formulator** PPs.

If you are a recent inquirer and have a copy of the Extreme Race Report in PDF format, get the PPs and take a look. Several of these upgrades will be big prices.

WOODBINE

Race 4

2 Mekong Delta (12-1): upgrade the debut when the clear leader of a Zip +157 on a Closer Biased +154 track - that winner's BL12 was nearly 12. Makes tricky cut back to 5.5f today.

2nd at 7-1

Slow start and rush to the lead took a late toll.

Race 9

7 Twist of Silver (6-1): closed last out following a slow start against the grain of a Plod -347! Takes a second

crack at this softer Clm 40K N3L level -
a PBP favorite angle.

2nd by a head at 9/2

Note that the winner, **Dubai Dot (\$12.10)**, was the other upgrade from the same race as 'Twist'. The two Racing Flow™ **Extreme Race upgrades exacta returned \$59.20.** Congrats to Flow players, new and old.

The remaining six upgrades exiting the wrong side of an 'Extreme' managed just one third at odds of 41-1 (Okiyama, R7). Prices on the five off the board horses ranged from 6-1 to 49-1.

*The Racing Flow™ enhanced **DRF Formulator** PPs are below. When used in combination, these two innovative handicapping tools give dedicated investors a significant edge, an edge that users of final time based methodologies haven't enjoyed for years.*

-plod boy phil
10/30/2011
10:30am ET



[Mekong Delta](#)



[Dubai Dot - Twist of Silver](#)

October 29, 2011

HAWTHORNE

Race 9

2 Aztec Run (12-1): returned to the dirt last out going 8.5f and made a strong mid-race move into the teeth of a Zip +144 on a track that was playing kind to Closers (+97) - that winner's BL12 was more than 16. In fact, the second and third place finishers also came from far back. Turns back today to 6.5f and makes 2nd start at this level.

Scratched

12 Hart of a Cowboy (5-1): returned off more than a three month freshening last out with an upgraded pace pressing try on the inside against the grain of a Severely Closer Biased +218 track - that winner's BL12 was more than 27! Drops today with a good chance to take them all, or most of the way.

Off the board at 5-1

Very negative drop.

KEENELAND

Race 5

1 Frances Gardner (8-1): will make her synthetics debut today following an upgraded vs Plod -177 effort.

3rd by two noses at 8-1

That's gonna leave a mark !

-plod boy phil
10/29/2011
10:10am ET

October 28, 2011

HAWTHORNE

Race 4

7 Nathan Chicago (6-1): made early move into the teeth of a Zip +145 on a track that was playing kind to Closers (+97) - that winner's BL12 was more than 21 lengths! Drops into an open maiden claimer for the first time from comfortable outside draw.

Never in it at 5/2

SANTA ANITA

Race 6

5 Looking for Candy (7/2): I'll go a bit outside the box on this one. His last was downgraded turf race against better in which he closed with the aid of a Zip +201. If not for the fact that the three prior races were all

upgrades on the main track, 'Candy' would be in the 'downgrade column'. Two back, he was vs both modest Bias and Flow, three back he was against the grain of a Severely Speed Biased track, and four back, he was the pressured pace setter of a moderate +89 Flow while inside on a Severely Closer Biased +273 track. Note that the trainer returns him to proper level with the hood back on following 'blinkerless turf prep'. Seven furlong trip should suit him just fine.

3rd at 3-1

If you'd like to see what a 'Quick to Zip' move looks like on the race track, watch this replay. We'll check the Racing Flow™ figures to confirm on Tuesday.

-plod boy phil
10/27/2011
10:00pm ET

October 27, 2011

HAWTHORNE

Race 5

7 Lica's Bluff (5-1): upgrade the last when attempting to close behind a modest Plod -135 - that winner's BL12 was just 1. Makes her second start at the level off an upgrade - a Plod Boy Phil favorite angle. Her chances should be aided by a field with plenty of early speed types signed on. Must overcome her 'board hitting' ways.

2nd at 4-1

SANTA ANITA

Race 6

6 Bella Giornatta (6-1): upgrade the 'Quick to Zip' +171 race last out when rating just off the early pace before making a brief lead in the lane before being run down from behind by a closer with a BL12 of more than 6.

2nd by a long neck at 8-1

WOODBINE

Race 4

6 Sibonet (3-1): recorded a 'Quick to Zip' +150 upgrade last out on a track that was playing kindly to closers (+94). Note that she was too close to the early pace going 8.5f, moved too soon to the lead and was passed by four runners in the lane - that winner's BL12 was more than 14. Turns back to 7f today with a 5f work under her belt for second try in maiden claiming company.

3rd at 6/5

Emma, what was that ?

Note that the chart writer makes no comment about the troubled trip, though it's safe to say that this race had a very Closer friendly Flow. We won't be putting Sibonet on any watch list.

-plod boy phil
10/26/2011
8:45pm ET

October 26, 2011

HAWTHORNE

Race 2

2 Stolen Artwork (8-1): returned off an extended layoff last out in a dirt sprint. She made a 'Quick to' move when too close to the early pace followed by a premature move to the lead before being caught from behind on a Severely Closer Biased +218 track and modest +98 Flow. That race winner's BL12 was 19. We'll also note that this filly's debut was also a 'Quick to Zip' +172 upgrade in a turf route.

Off the board at 4-1

-plod boy phil
10/26/2011
11:42am ET

October 23, 2011

CALDER

Race 9

3 Livingston Street (4-1): is a **Last Out Winner off a Prior Upgrade**. This angle has been quite effective for us since we began to take notice of a number of runners that were becoming back to back winners and doing so off a neutral win in their most recent start. Here's how it works :

First, the horse must have won it's most recent start and been given a **'neutral or better' grade** in doing so. In other words, **the last out win was not Bias or Flow aided**. Obviously, if the last out win was achieved under adverse conditions, then you are most likely looking at a 'bold' upgrade.

Secondly, the race two back must have been an upgraded effort. In other words, the horse in question was a Racing Flow™ upgrade going into the winning race. In the perfect world, we've already cashed the horse and are now in position to reinvest some of the dividends

The theory is that the 'neutral or better' win last out validates the upgrade while the horse is still eligible to benefit from advantageous Bias or Flow if it develops. The basic concept of any Racing Flow™ upgrade is that the most recent race or races were run under unfavorable conditions, be it against the Bias or the Flow, or both. When these horses return under more favorable circumstances, the results are often better than the general betting public expected.

On August 13th, **Livingston Street** recorded a '*vs Plod -258*' upgrade in an 'off the turf' stake race. Subsequently, he won on September 23rd with a BL12 of nearly 7 despite a -90 Flow (kind to speed). Having met both criteria for a 'Last Out Winner off a Prior Upgrade, we'll look for him to repeat.

2nd by a head at 5-1

One of many examples of this Racing Flow™ angle comes from the same day and track as Livingston Street's win (it was a good day for Flow players at Calder). **Coffee Run** was **posted here** on September 23rd and rewarded backers at odds of 6-1. That win was given a 'neutral' grade as he closed through a -78 Flow with a BL12 of nearly 9 lengths. With both criteria met, Coffee Run was eligible to repeat. He did exactly that on October 15th, paying \$16.00. Of note is the fact that this second win was also given a neutral grade, thus Coffee Run will retain his upgrade status next out.

Livingston Street's and **Coffee Run's** Racing Flow™ enhanced **DRF Formulator PPs** are posted below.

-plod boy phil
10/22/2011
11:30pm ET



[Livingston Street](#)



[Coffee Run](#)

October 23, 2011

HAWTHORNE

Race 6

10 Enemy Fire (3-1): upgrade the last when pressing for the lead 'vs a Zip' +156 on a Severely Closer Biased +218 track - that winner's BL12 was almost 20! Racing Flow™ subscribers and recent first time inquirers will find this race in the **'Extreme Race Report'**. Maiden claimer (not my best category) turns back today looking to break 0-6 record on dirt in 13th lifetime start.

\$4.00 WINNER

-plod boy phil
10/22/2011
11:30pm

Octoberr 22, 2011

Back on Sunday.

-plod boy phil
10/21/2011
9:40pm ET

October 21, 2011

HAWTHORNE

Race 8

1 Encorcel (4-1): pressed a modest +117 Flow on a Severely Closer Biased +218 track last out. Rates fair chance to take them all the way, including that extra half a furlong.

Off the board at 9/5

A pressured trip on the rail and that final 1/16th was his undoing.

5 Camp Fairfax R N (7/2): Racing Flow™ subscribers may recognize this one as a failed bold type last out in her turf debut sprinting 5.5f. I'm going to dismiss this effort, despite that fact that it was a closing bid with the aid of a +147 Flow, and focus on her two prior races on the synthetic. On Sept 4, she was in a hopeless chase mode behind a Plod -240! and three back, she closed well behind a Speed favoring -180 Flow. Makes dirt debut today against softer.

\$7.40 WINNER

Note that the 22-1 runner-up, **Camagin**, was a speed horses exiting the same '**Extreme Race for Closers**' as Encorcel. Camagin rated off the pace today and finished well to complete the \$88 exacta. As often discussed in a multitude of handicapping publications over the years, 'speed upgrades' frequently provide the foundation for better races. Identifying *Extreme Races* is our job. Following up with chart reviews and sound handicapping principles is yours.

-plod boy phil
10/20/2011
9:40pm ET

October 20, 2011

HAWTHORNE

Race 8

10 Hello Hannah (7/2): upgrade the last when setting a pressured pace of a Zip +167 - that winner's BL12 was more than 6. Note that the runner-up, Poconella, was a deep closer that rallied from far back. 'Hannah' makes second start at the bottom Mc level from a comfortable outside draw.

4th at Even money

A couple of things to note. First, 'Hannah' was a huge underlay by almost any standards. Those that had the misfortune of advance betting (me), had reason to be more dismayed by the off odds than the result. Second, mark Hannah down as a live play next out, at a much better price. While the Flow figure will not be out until next Tuesday, I'm confident this race was a huge Zip, likely in the +180 range or higher. This will make the pace setters upgrades, and the winner, Poconella, a 'w/ Zip Winner' and a major downgrade next out.

-plod boy phil
10/20/2011
8:27am ET

October 19, 2011

WOODBINE

Race 6

6 Tyzach (8-1): two back, this one chased *Hank's Hill*, the wire to wire winner of a Plod -255! Last out, that same w-w winner was again allowed to dictate the pace, resulting in a Plod -132, while Tyzach found himself in a difficult chasing mode. Capable of turning the tables on the likely short priced favorite if given a more Closer friendly scenario.

Outrun at 6-1

As one long time Racing Flow™ customer e-mailed last night, tongue in cheek of course, "you'll never be confused with Mr. October".

-plod boy phil
10/19/2011
11:50am ET

October 16, 2011

SANTA ANITA

Race 3

3 Fly Solo (9/2): upgrade the '*Quick to Zip*' +241 debut when too close early to the *Extreme Closers Flow*, then moving too soon to the lead before being caught by a deep closer with a BL12 of 16. Moves to the downhill turf course today.

Off the board at 3-1

Willing to give this one another shot if switched back to the main.

WOODBINE

Race 9

5 Exeter Road (4-1): recorded an impressive '*vs Plod Win*' in her debut at 7f on the turf when rallying through a very speed favoring -179 Flow with a BL12 of almost 10. Switches to the synthetics today and stretches out for first try against winners.

4th at 4-1.

Regular readers know that I make no excuses on this page, but the incredibly wide trip on both turns was this one's undoing. Replay watchers and chart studiers will likely concur. Let's check the Flow and Bias figs on Tuesday

-plod boy phil
10/16/2011
12:42am ET

October 15, 2011

Back on Sunday.

-plod boy phil
10/14/2011
11:50pm ET

October 14, 2011

CALDER

Race 11

2 A Centurian (4-1): we will look for this win machine to end the PBBP '0 for October' slide. Gelding enters off back to back 'vs Plod' Upgrades. Two back, he was wide while chasing the wire to wire winner of a Plod -178. Last out, he was again in a hopeless chase mode behind the wire to wire winner of a Plod -195. 'Centurian' is more than capable on any surface in the event this 5f sprint is moved to the main track.

Off the board at 3/5

* Note that in order to upgrade a fading running line from a Plod, or Speed Favoring Flow, the race winner must go *wire to wire* while the chaser is at least a length off the pace at the first call. Being 'lapped on' early does not qualify.

-plod boy phil
10/13/2011
9:17pm ET

October 13, 2011

HAWTHORNE

Race 2

1 Flor Morena (9/2): upgrade the last when setting an open length lead of a Zip +203! (extreme Flow for closers) - that winner's BL12 was more than 6 lengths. Cuts back a half furlong and will try dirt for the first time as an upgraded 2nd time at the level runner - a Plod Boy Phil favorite angle. Chances improve with a scratch of the AE13.

Off the board at 5-1

Presence of the 13 did not help, but much worse than expected.

-plod boy phil
10/12/2011
10:08pm ET

October 12, 2011

Back on Thursday

-pbp
9:10pm
10/11/2011

October 10, 2011

CALDER

Race 3

2 Waikiki (5-1): recorded a modest 'vs Plod Win' last out when closing through a speed favoring -147 Flow with a BL12 of just under 6. Turns back from two turns to 7f with plenty of speed signed on.

Off the board at 5-1

WOODBINE

Race 9

9 Bingo (8-1): upgrade the last when pressing a Zip +150 in a 6f turf sprint - that winner's BL12 was more than 9. Two back, he routed on the main under neutral Bias and Flow when leading until the final stages, and three back, he wired a restricted stakes field on the turf at 8f under neutral Bias and Flow. Fair chance to dictate from outside draw today.

Scratched

October's best play to date

-plod boy phil
10/9/2011
10:28pm ET

October 9, 2011

Check back on Columbus Day.

-pbp
10/8/2011
11:13pm ET

October 8, 2011

HAWTHORNE

Race 6

2 Old Hickory (6-1): is a Racing Flow™ favorite 'vs Zip Turnback' having set the pace of a Zip +237! going 8f - that winner's BL12 (beaten lengths at the first two

calls combined) was more than 17. Two back, he set the pace at 6f inside on an Important Closer Biased +175 track - that winner's BL12 was 20!

Scratched

WOODBINE

Race 10

10 Khulna (4-1): impressed with a vs Zip +140 Win last out in first turf route. That maiden breaking score came on the heels of back to back upgrades. Right back.

Off the board at 3-1

Second quarter run off was no help

-pbp
10/8/2011
11:41am ET

October 7, 2011

HAWTHORNE

Race 8

8 Wakeupbrandon (12-1): was vs a Plod -156 and a wire to wire winner last out. Two back sprinting on the turf, he was on the lead briefly in a Zip +162 - that winner's BL12 was nearly 7 lengths. Returns to his preferred surface off back to back upgrades at double digit odds.

Eased at 23-1

WOODBINE

Race 3

3 Raging Star (4-1): dropped into the claiming ranks last out with a solid closing effort vs a Plod -148 on a Severely Speed Biased -195 track. Drops another notch and turns back to 7f.

Off the board at 5-1

-plod boy phil
10/6/2011
10:30pm ET

October 6, 2011

SANTA ANITA

Race 8

3 Lincecum (15-1): sprinted 'about 4f' at Fpx last out - looks like a nice workout. Two back, we'll upgrade the pressing effort vs a Zip +311 against MSW company going 8.5f on the turf - that winner's BL12 was more than 23. Three back, 'Timmy' set the pace of a modest Zip +102 on a track that was playing kind to closers (+111) - that winner's BL12 was nearly 9. Not a Cy Young candidate, but worthy of a spot start.

Overmatched at 30-1

-plod boy phil
10/5/2011
10:48pm ET

* **First time** inquirers that have not heard back from us either provided a bad e-mail address, or you sent us your street address. Horseracing can be a difficult game. Filling out a simple form shouldn't be as difficult.

October 5, 2011

HAWTHORNE

Race 7

5 Pretty Perceptive (6-1): prior to the failed turf experiment last out, this filly had three consecutive upgrades. Two back, she was vs a Plod -188. Three back, she ran through modest flow and bias to break her maiden, and four back she received a classic 'Quick to Zip' upgrade when too close and moving too soon to the lead vs a Zip +265! Note that her two prior dirt races, both on this course, were each given modest 'vs Zip' upgrades. Drops off brief freshening for top connections.

Off the board at 6-1

-plod boy phil
10/4/2011
11:05pm ET

October 2, 2011

SANTA ANITA

Race 5

4 My Bashert (6-1): set the pace of a Zip +241! in his debut as the 8/5 favorite - that winner's BL12 was 16 lengths. Fresh and fitter today.

4th at 5-1

TURFWAY

Race 5

1 Silver Pendant (15-1): upgrade the last when four wide throughout on a Severely Speed Biased -226 track. Note that the TP win in January was under neutral conditions.

Off the board at 8-1

-plod boy phil
10/2/2011
11:12am ET

October 1, 2011

CALDER

Race 11

2 Montessa G (10-1): received modest upgrade last out in the 7f restricted stakes when pressing a Zip +129 - that winner's BL12 was almost

8 lengths. Two back, we'll upgrade her effort when dueling for the lead vs a Zip +194 in a restricted stake. Inside draw in a race loaded with speed types poses biggest challenge.

4th at 6-1

-plod boy phil
10/1/2011
11:08am ET